

# Prayer

## Lesson 8 Presentation and Homework

### PRESENTATION:

What is *Prayer*, actually?

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\*Sometimes we pray for things that weigh heavy on our hearts (*i.e., a grandparent dying*). Praying for such things is good. Sometimes we pray whatever we're facing at the moment (*i.e., a test in algebra*). That is good too. Sometimes our prayers can be whimsical while other times we pray in a more structured, organized way. This is also good. In fact, the *structured* way, a "model" of prayer, helps us think about aspects we may not normally think and pray about.

### The A.C.T.S. model of prayer

Adoration – \_\_\_\_\_

Confession – \_\_\_\_\_

Thanksgiving – \_\_\_\_\_

Supplication – \_\_\_\_\_



(Pastor Jeff likes the T.A.C.O.S. prayer. Thanksgiving, Adoration, Confession, Other Stuff ☺)

### THE LORD'S PRAYER

- Read Matthew 7:7-15
- Read through The Lord's Prayer in LSC pp 19-22.
- Students take turns reading through each petition and meaning.
- Take notes on each petition/meaning in the margins of your LSC. For example, in the Introduction, "Our Father who art in heaven." And its meaning where it states, "With these words God tenderly invites us . . . well, that reminds us that God is Abba. A good, faithful Daddy who loves us and cares for us and wants the best for us.

## HOMEWORK

**Memorize** the Lord's Prayer. You can practice by writing it here.

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**Memorize** more of the vocabulary words.

**Watch** this video on [Prayer](https://www.lhm.org/godconnects). (<https://www.lhm.org/godconnects>)

**Write down** three insights you gained from the above video on Prayer.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Write down** 1 question (and its answer) to ask your classmates on Sunday.

Q: \_\_\_\_\_

A: \_\_\_\_\_

Write down a sentence or two that connects with the A.C.T.S. model of prayer. For example, for Adoration you might write, *"Heavenly Father, I am in awe of Your creation, from the Milky Way galaxy and its incredible beauty to the little ladybug and its beauty as well."* Make your prayer sentences applicable to your life.

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### **SUNDAY DISCUSSION**

Discuss the following as time allows.

1. Review The Lord's Prayer (LSC pp. 19-22)
2. Discuss the video and the insights and Q/A.
3. Review the model of A.C.T.S.
4. What do you think are the top three temptations that middle school students face?
5. How often do you pray for God's help to resist these temptations?
6. Ever felt alone, like nobody really cares? Do you pray in those times?
7. Do you ever read the Bible in lonely/difficult times? If so, where do you turn?
8. What song on the radio do you like that deals with praying to God?
9. What is one of your favorite songs about prayer sung in our worship services?
10. What movie have you seen where someone was praying to God?
11. How do your parents model prayer in your home? At meals? At bedtimes? Other?
12. Was your time of prayer different when you were younger? Are you more resistant/hesitant to it now?
13. Do you, as a teenager, model a faithful prayer life for your parents? If so, in what ways? If not, how might you begin?

14. Which of your friends has a strong prayer life?
15. Which person in the Bible do you find has a good prayer life?
16. Do you pray for
- a. Your parents?
  - b. Your teachers at school?
  - c. Our pastors here at St. John?
  - d. Your friends?
  - e. Your future spouse?
  - f. The SIS group here at St. John (*who is praying for you*)?
  - g. Your academics?
  - h. Your soul?
  - i. Protection from being deceived by the evil one?
  - j. Temptations
  - k. Wisdom



[Praying Hands](#) by [Albrecht Durer](#)

17. Have you ever submitted a prayer request card at the Prayer Kiosk in the Commons just before walking into the Sanctuary of the Worship Center? (*Feel free to do so!*)

**Read Luke 11:1-4.** Then discuss the following:

18. Where was Jesus praying? Do you have a “certain place” to pray? (A “special” place?)
19. Why do you think one of the disciples asked Jesus for help in prayer, to teach them all how to pray?
20. **Read Luke 5:12-13** for a great teaching on prayer and God’s desires. What is this text saying to you?
21. Does prayer seem to be important in our worship services? Why or why not?

**Close in Prayer** - Students to pray the petitions they wrote in the A.C.T.S section above. If what is written is too personal, then they can simply pray something else in that A.C.T.S. category.